

R&R Welcome Brief



Duty Chaplain

A list of the Chaplain on duty is at the following locations:

On Call Duty Chaplains

- BDOC
- TMC
- MEDLOG
- R&R Desk
- MP Desk

1 DEC – 31 DEC CH MUTH

1 JAN – 31 JAN CH MAYFORTH

If you or one of your soldiers has an emergency call the Chaplain on duty. If you can not get in contact with the Chaplain on duty, feel free to contact anyone on the IMT staff, and we will be more than happy to help!

Religious Services Schedule

Catholic

| | | | <u>Location</u> |
|-----------------------------|------|------|-----------------|
| Counseling | Sat. | 1800 | 126 |
| Confession (By Appointment) | Sat. | 1900 | 126 |
| Catholic Mass | Sat. | 1930 | 126 |

For other Catholic opportunities & programs contact the Installation Chaplain

Protestant

| | | | |
|--------------------|-------|------|-----|
| Protestant Worship | Sun. | 1030 | 126 |
| Bible Study | Tues | 1900 | 126 |
| Choir Practice | Thurs | 1900 | 126 |
| God's Laboreres | Sun. | 1900 | 126 |

For other Protestant opportunities & programs contact CH Mayforth

Church of Jesus Christ of Latter Day Saints

| | | | |
|------------------------------|------|------|-------------|
| | Sun. | 1600 | 126 |
| <u>Muslim</u> - Jumah Prayer | Fri. | 1100 | Post Mosque |
| <u>Jewish</u> – Shabbat | Fri. | 1900 | Al-Udeid |



Installation Ministry Team

CH (LTC) Elizabeth Mayforth

Installation Chaplain

432-2198, 587-9407 CELL

CH (CPT) Martin King

Catholic Chaplain
Al Udeid

CH (CPT) John Muth

Protestant Chaplain
Cell 589-6731

SRA Andretti Seno

NCOIC
432-4401

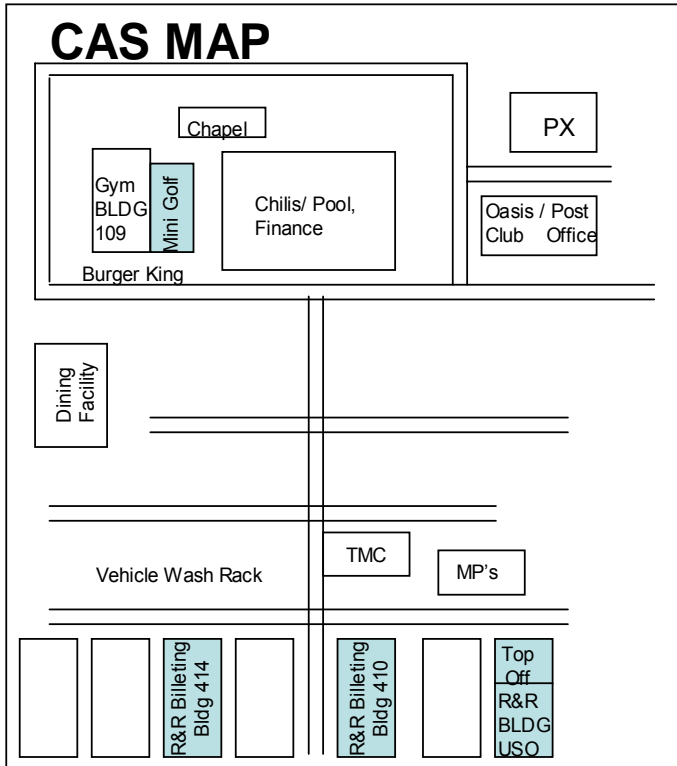


FAQ's



What if someone I personally know wants to sponsor me off-post?

-A personal sponsor must get an Exception to Policy (ETP) letter signed. ETP's are for relatives or "old comrades" and not for new acquaintances. The R&R front desk has a sample memo for your personal sponsor. Please keep in mind that ETP's typically take up to 72 hours for approval.



If you have any other questions or comments concerning the R&R program, see the front desk.

We hope you enjoy your stay!



YOUR ULTIMATE R & R



GUIDE

Rest and Recuperation Begins Here!

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Threats & Adversaries

- ▶ Terrorists & Extremists
 - Al Qaeda & Associated Movements (AQAM)
 - Non-affiliated groups
 - Individual actors
- ▶ Foreign Intelligence Services (FIS)
 - Want to learn about US intentions, capabilities, and limitations within the AOR
 - May target you indirectly or covertly
 - Placement & access
- ▶ In case of an alert, all personnel will meet at Building 410 (south side of the doors).

Qatar Terrorist Threat

- ▶ Terrorist Threat: **High**
- ▶ Foreign Intelligence Threat: **Medium**
- ▶ Groups: Al Qaeda, Iranian state agents and Hezbollah (among others)
 - Primarily recruiting, financing, and transiting
- ▶ Intentions: Seek the removal of US influence from the Arabian Peninsula
- ▶ Activities: Weapons smuggling, intelligence collection, and planning for future attacks against US/Western targets



Recent Threats



- ▶ Late Nov 05
- ▶ Internet chat forum
- ▶ Soliciting for volunteers to join a Jihad cell
- ▶ Al Qa'ida Organization in the Arabian Peninsula
- ▶ ***"The target has been set...Al-Sayliyah Base in Doha"***

OFF POST GUIDELINES

- ▶ **IT IS IMPERATIVE THAT YOU DO NOT TALK ABOUT DOWN RANGE OPERATIONS /WAR STORIES AND ANY INFORMATION ABOUT YOURSELF TO LOCAL NATIONALS OR DISPLAY YOUR ID CARD WHILE OFF POST.**

Theft

- ▶ MAKE SURE TO HAVE A LOCK AND SECURE YOUR ITEMS
- ▶ Theft is a crime of **OPPORTUNITY!!!** and happens
- ▶ Secure and have accountability for the following:
 - Electronics
 - Laundry and clothing
 - ID and Wallets
- ▶ Write out on a separate piece of paper high dollar items
 - Serial numbers
 - Description / type
 - Brand
 - Value

Camera Policy

!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!IMPORTANT!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Picture taking on post is prohibited unless you obtain a post picture pass from PMO (BDOC) in Bldg. 101.

!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!IMPORTANT!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

While off post it is important that you do not take pictures of Local Nationals or when riding on a venue bus. This could result in your camera being confiscated, a fine, or even imprisonment.

!!!!!!ALCOHOL POLICY!!!!!!

- ▶ YOU ARE ALLOWED **3 DRINKS PER NIGHT.**
 - Drinks are purchased one at a time at the register.
 - **DO NOT ATTEMPT** to purchase other peoples drinks.
- ▶ CID is operating in the clubs looking for violations of this policy.
- ▶ Drinking is permitted in the clubs only and smoking areas. Not on the buses or outside the club areas.
- ▶ DO NOT TRANSPORT ALCHOHOL BETWEEN CLUBS OR BARRACKS
- ▶ ABSOLUTELY NO DRINKING OR PURCHASING ALCHOHOL OFF BASE
- ▶ VIOLATION OF THIS POLICY WILL GUARANTEE EARLY DISMISSAL FROM R/R PASS.

Uniform Policy

- ▶ Do not mix uniforms- wear the whole uniform or civilian clothing.
 - Military boots are not considered civilian attire
- ▶ Wear the uniform properly (post policy 8,9)
 - Males will not wear earrings in or out of uniform (IAW AR 670-1)
 - Males must shave daily.
- ▶ The wear of any local civilian dress attire purchased while on a venue trip is not allowed on post.
- ▶ No smoking or eating while walking in uniform
- ▶ This is a salute post

Dress Code On CAS

Things you are not authorized to wear on post are:

- ▶ Shirts that reveal bare skin on the stomach
- ▶ **No bandanas or “do rags” / head wraps**
- ▶ **No flip flops / shower shoes outside of Billeting with exception by the pool.**
- ▶ Males can not wear earrings
- ▶ Males must shave daily
- ▶ Sleeveless shirts of any kind (tank/tube top)
- ▶ No mini skirts

Failure to comply will result in being told to leave any establishment.

OFF LIMITS AREAS

- ▶ **BUILDING 408**- off limits to all R&R pass personnel
- ▶ **BUILDING 410**- Males only. No female. Please stay clothed in this building, Female Security Force do patrol in this area.
- ▶ **SOCCENT COMPOUND**- Located by the PX/BX. This area is off limits to unclassified personnel and all RR pass personnel
- ▶ **DFAC**
 - Do not take bags to DFAC. Bags are not allowed and will be considered a suspicious package if left outside DFAC or unattended.

Housing

- ▶ After this briefing males will be issued tent numbers and females bay numbers. Remember this number.
- ▶ No keys will be issued. If for some reason your room is locked go to building 418 and housing will unlock it.
- ▶ **Don't switch tents/bays that you were assigned. This will cause accountability issues.**

Housing (cont.)

- ▶ When you are in common areas, you must be dressed. A towel is not enough!
- ▶ If you have any issues with your bay (i.e. air conditioning), go to building 418 (it is available 24hr).
- ▶ You can sign out items from building 418 such as: irons, ironing board, brooms, mops, dustpans, and 3 prong adaptors. Items borrowed must be returned within 3 hours.
- ▶ Lost and found items are to be claimed at the Billeting office or the MP Station.

For any further questions or info, you can contact the housing office at DSN: 432-2663

Housing (cont.)

Noise Policy

- ▶ Billeting areas have a 100% 24-hour quiet time policy in effect.
- ▶ Per the post CSM, violation of the above may result in you being sent back to your command.

FINANCE

- ▶ Casual Pay- up to \$350/month
 - Maximum \$200/day. Anything over must be paid by Eagle cash card or Qatari riyals
- ▶ Casual Pay w/ DA 31 up to \$550
 - Need to have copy of DA 31 and Mil ID
- ▶ Exchange forms of Currency
- ▶ USD to Qatar Riyal
- ▶ \$1.00 USD will buy 3.63 Qatari Riyals
- ▶ Hours of Operation
 - Mon- Sat 0830-1630 (closed for lunch)
 - Sun 1300-1630

Postal

Monday – Saturday

0830 – 1700

Sunday

1300 – 1700

THE POST OFFICE WILL REMAIN OPEN

DURING LUNCH FROM

1200 – 1300 AS MANNING LEVEL PERMITS

Postal Prohibited Items

Going to CONUS

- ▶ Sand, Alcohol
- ▶ Pornography
- ▶ Ammunition
- ▶ Explosives, Explosive Devices, Weapons or Parts of Weapons
- ▶ Flammable Materials
- ▶ Drugs and Drug Paraphernalia
- ▶ NBC Gear
- ▶ Corrosives, Compressed Gas
- ▶ Animals, or bugs, unless enclosed in acrylic.
- ▶ Expensive TA-50 (ex; NVG goggles, radio equipment etc.)
- ▶ Liquids

Coming from CONUS

- ▶ Alcohol
- ▶ Pornography
- ▶ Ammunition
- ▶ Explosives, Explosive Devices, Weapons or Parts of Weapons
- ▶ Flammable Materials

- ▶ Drugs and Drug Paraphernalia

Sponsorship Program

- ▶ Sign-up at 0900 Daily
- ▶ **!!!DRESS REQUIREMENTS!!!**
 - Appropriate civilian attire (no tank tops, midriffs, no t-shirts with US or offensive logos)
- ▶ Sponsor Requirements
 - Must be an E-5 / GS – 07 and above or equivalent contractor
 - Maximum of 4 service members per sponsor

Sponsorship Program - ETP

- ▶ For R & R Soldiers who have relatives or “old comrades” that are stationed or works for/with CAS, if the Soldier would like to be sponsored by that particular person, the sponsor must obtain an Exception to Policy Memo (ETP)
- ▶ Exception To Policy (ETP)
 - Can take up to **72 hours** to be fully completed.
 - Requires four signatures.

Sponsorship Program

NOTE:

There is **NO GUARANTEE** that every R & R Soldier will obtain a sponsor. The Sponsorship Program is a **VOLUNTEER** service and is executed and carried out at one's own wit. Sponsors have the option to take R & R Soldiers to their "pre-planned" destinations, though the majority of sponsors will allow the R & R soldiers to decide on the destinations that they would like to go. Please respect this.

FOUR DAY PASS STRUCTURE



| | | | | | |
|------------------------|------------------|-------------------------------|---------------------------|--|--------------------------|
| DAY 0 | DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 |
| ARRIVAL DAY | | PRIORITY OF CHOICE | TAKE YOUR TRIP | CHECK FOR FORMATION & FLIGHT TIME | DEPARTURE DAY |

Venues and Sign Up Policy

- ▶ Sign ups begin daily at 1300 in the briefing room for trips the following day.
 - I.E.- Sign up on day 2 at 1300 is for a trip on day 3. Times for trips are posted in briefing room and on the monitor above the R&R front desk.
- ▶ Venue schedule changes daily, so be flexible. Due to FORCE PROTECTION we are required to change the venue schedule every day.
- ▶ 25 PAX per venue. Prices for tours start at \$20 (meals are served on all paid venues except Doha Golf Course)
- ▶ Day 1 Personnel have priority for a trip on their 2nd day

Venue Clothing

ATTENTION ALL PERSONNEL

Everyone must be in proper attire in order to go off
Post

- ▶ Yes- long pants, Capri, skirt 1" below the knee, polo long or short sleeves, sandals, tennis shoes
- ▶ No- cut offs, tank/tube tops, sleeveless shirts of any kind, tops that reveal the stomach, flip flops, shower shoes, shirts/ bags with American / Military logos, religious symbols or profanity, shorts for males and females, "do rags", bandanas, or head wraps.

Dress in conservative civilian attire

Venue Trips

▶ **Mall Trips (Free):**

- The City Center Mall: 4 Story American type mall.
- The Hyatt Plaza Mall

▶ **The Ras Al Nasa Restaurant**

(Food prices vary): This Restaurant is located next to the Persian Gulf with a great ocean and city view. Iranian and Seafood are some of the food items they have to offer.

Venue Trips

- ▶ **The Inland Sea Picnic (\$35/\$45):** This trip includes an SUV ride through the desert to the beach, where you can enjoy swimming, volley ball, and a great bar-b-que.
- **Sea Line Resort (\$48):** Private beach, where you can enjoy swimming, ride Jet Skis, and have a cultural meal at the Sea Line Resort Restaurant.

Venue Trips Continued

- ▶ **Cultural Tour (\$27):** Experience the culture and the history of Qatar. Plus visit some of the most popular sites Doha has to offer.
- ▶ **Water Sports (\$41):** Ride Jet Skis, a Banana Boat, and tubing all on the Persian Gulf.
- ▶ **The Dhow Cruise (\$35):** A relaxing day on the Persian Gulf. Enjoy great food, music and swimming.

Questions???

